

OHuddle Hour is an experience to promote hope, rest, fun, and self-care. Taking care of yourself takes care of our students. Sessions occur over lunch periods or before school. There is no cost to participate. All OHuddle hours are generously sponsored by community partners.

**November** 

14th

## **OTT'S + OH-MAZING RACE**

Swing by Ott's Coffee Truck on the way into work for gourmet coffee or tea and leave with organizing ideas to simplify your life from Simple Spaces!

**March** 

**13th** 

## **PASTRIES & PODCASTS**

All staff will be treated to Miss Amy's cupcakes and a curated selection of podcasts to inspire your work with youth!

May

8th

## **CALCULATION CONFESSION**

Grab a make and take snack bag. A Commercial & Savings bank representative will be on call to give advice on any finance problem you have... no purchase necessary.



## **PICK YOUR OHUDDLE HOURS**

Take a quick 2 minute survey to pick future OHuddle Hours or share an idea that would promote self care in your building www.ohuddle.org/ohuddle-hour